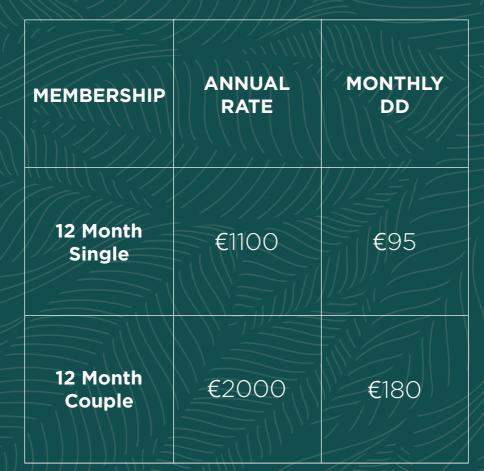


LIFE IN MOTION MEMBERSHIP

- Unlimited use of Motion Health Club
- Up to 15 group fitness classes per week
- Full use of the cardio equipment, machine, and free weights
- Regular, personalized fitness assessments
- Exercise program throughout your membership
- Full use of swimming pool, sauna, steam room and jacuzzi
- Car parking (limited spaces available)
- 10% discount on lunch or dinner food in Panorama Bistro (Monday to Thursday)
- 10% discount on spa treatments at Bellevue Spa (Monday to Friday)
- 10% discount on retail products at Bellevue Spa



TERMS & CONDITIONS:

A minimum contract term is 6 months. A one-off administration fee of €20 applies to the commencement of the direct debit payment option.

Membership rates are reviewed on annual basis and are subject to change.

OPENING HOURS:

Monday to Friday: 06:00 - 21:30 Saturday, Sunday, and BH Monday: 08:00 to 21:00 Hours for children under 16 years: 09:00 to 18:00 The last entry to the club is 45 minutes before closing time, swimming pool closes 30 minutes before closing time.

TheMontenotteHotel.com | +353 21 4530055 | motion@themontenottehotel.com